



Enriching Relationships (Safe Conversations® Australia)

Strapped for time! Are you looking for true and real connections. Safe Conversations will offer you a process where you will learn a new way of talking and listening and connect in ways you never thought possible. These life changing tools will begin to transform **all** your relationships, setting you on a path to feeling more joyfully alive and happy.

Safe Conversations Australia is educational in its approach and underpins this Enriching Relationships workshop which includes the powerful Appreciation Dialogue and a professional PowerPoint presentation which is interactive. This two-hour on-line workshop (via Zoom) provides the skills and practice for building connections in every relationship and includes a live role play by Julie Cutler and her assistant, Nicola Scotcher (both trained Imago therapists and Safe Conversations Trained Leader Presenters). Participants will have the opportunity of practicing the Appreciation Dialogue in the privacy of the Breakout rooms. There is also a video on the Still Face experiment showing what Connection, Disconnection and Reconnection really look like.

Who is this for? Couples, pairs or individuals looking to truly connect and showing you a way to overcome communication issues. Enriching Relationships shows you how to do just that by enriching all your relationships. You will be given an opportunity to learn and practice a skillset that can be transferred from relationship to relationship, one conversation at a time.

Participants will learn:

- The cause of Disconnection
- The critical importance of a Zero Negativity Practice
- A new way of talking and listening
- How the past impacts our present relationships.
- The Power of Empathy (and how to get there) leading to Connection.
- How to reconnect after a rupture
- The knowledge to sustain Connection in every Relationship.

This, Enriching Relationships workshop will be offered at half price to Imago therapists and trainees.

When: Saturday 25th March, 2023

Time: 9am-11am AEDT (via Zoom /On-line)

Cost: A\$50 Individual (Imago therapists and trainees A\$25 Individual)

A\$95 Couples/Pairs (Imago therapists and trainees A\$47 per Couple/Pair).

To register and for further information:

www.enrichingrelationshipsaustralia.com/safeconversations or

email: julie@enrichingrelationshipsaustralia.com

Safe Conversations®Australia offers relationship education, not therapy. The information in Safe Conversations® materials or workshops is not intended as medical advice or a substitute for treatment by a qualified healthcare provider.